

THE PANEL OF REFERENCE

c/o Council for Voluntary Services CVS

1a Winton Buildings

Ardrossan

Ayrshire

Minutes of Meeting

Florence Barbour 1- Ailsa Hospital - Wednesday 23rd January 2008

PRESENT

Morag Ramage, Ann Morrison, Catherine Morrison, Martin Meechan, Helen Clark, Kay Hall, Dougie Pickering

APOLOGIES

Dr Flowerdew, Anne Meechan, Raymond Chan, Donna Willis, Hilda Smith, Jean Faddah

MATTERS ARISING

1. **Ayr Action** does not wish to continue receiving mail for us. Members will continue to check for any letters until the new address at the Voluntary Services in Ardrossan is established. Ailsa will attend Ayr Action on our behalf for a few hours each week. Helen has resigned from the Directorate.
2. **Dr Flowerdew** will be away on holidays for an extended period of time but we are hopeful that he will rejoin the meetings on his return.
3. **Welfare Rights** – contact details will be placed on our website. Carol Gallacher's input in November was most helpful and we hope to invite her to another meeting during 2008.
4. **Leaflet** – we are still having problems getting this project organised. We hope to meet up with Morag's contact who may be able to help - Lochside Community Centre, Lochside Road, Ayr. Morag will advise Helen if this is possible.
5. **Comic Relief** – the last round of our application will be completed by the end of January. We should receive results by mid February. Helen has been interviewed for about an hour already. Craig as yet has not heard from them. If we are unsuccessful in this application then further funding will be explored.
6. **Awards for All** – if we are successful with the previous bid then we will consider applying for funds for a conference.
7. **Correspondence** -

Breathing Space Day – February 1st – has been designated as a day to stop and take time away from stress. Further details about the campaign are available on 0800 838587 or at www.breathingspacescotland.co.uk

Free home insulation including cavity wall and loft insulation may be accessed by phoning British Gas at 0845 605 2535

Mental Health Scotland Act – a number of sessions have been organised at Ailsa Hospital to raise awareness about the Act. Please contact Gillian Armstrong if interested 01292 513982

Towards a Mentally Flourishing Scotland – consultation – a series of workshops have been organised across Ayrshire. Please contact Catherine Livingstone if interested – 01292 885895

Pre-registration Nursing Consultation – an invitation to Helen to attend this consultation on 23.1.08

Community Horizons – this organisation aims to help improve their self confidence by offering a range of activities. They may be contacted through Debbie Winchester, Suite 5B, Sovereign House, Academy Road, Irvine KA12 8RL or on 010294 270028 – communityhorizons@samh.org.uk

Pieces of a Jigsaw – this play will be shown again at the Palace Theatre, Kilmarnock on the 23rd February

8. MEETINGS ATTENDED

- **Diversity and Equality** organised by Carole Blair, Public Partnership Co-ordinator – Martin, Helen and Kay attended these meetings on January 15th. Nick Laird from Fair for All and Marese O'Reilly from EOC both made presentations.
- **Mind your Health meetings** – Martin attended in November 2007

9. **FINANCE** balance at 28.12.07 is £224.00.

10. **COMPASS CENTRE** – concern was expressed that the centre was closing.

11. FUTURE EVENTS

- Jeff Holt from the Scottish health Council will attend our next meeting on the 13th February
- Helen suggested that we might meet for a full day to discuss the way ahead. The agenda should involve a press release, visits to Arran, contact with local surgeries. It was decided to wait until Jimmy and Hilda were available before further discussion would take place.

PANEL MEETINGS FOR 2008

Wednesdays at 2pm Ailsa Hospital in the Florence Barbour Rooms

- 13th Feb FB2
- 19th March FB2
- 23rd April FB1
- 14th May FB1
- 11th June FB2
- 16th July FB2
- 13th August FB2
- 17th Sept FB2
- 15th Oct FB2
- 19th Nov FB2
- December - Christmas Lunch - to be arranged

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